

A note from Pastor Tim

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.... And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. (Colossians 3: 12-14,17)

Recently, I have been thinking a lot about forming good habits as I am trying to get in a good rhythm of walking and good diet to improve my health! Probably most of us could stand to develop a few more good habits and drop a few unhealthy ones. One article by Michelle Crouch suggests that Will Power alone is not enough. She offers these five tips: Start with a small and specific action, Pick a trigger for your new habit, Find the joy in your new habit, try "temptation bundling by pairing it with something you already enjoy, Substitute the good habit in place of the bad habit, Redesign your environment to encourage good habits and discourage bad ones, and finally, celebrate when you are able to stick with the new habits.

What about my faith habits? How do I strengthen my habits when it comes to being a disciple of Christ?

- 1. Get to know God through spending time reading a short passage from the Scripture, spend time reflecting on it and praying for understanding or discernment of it.
- 2. As you reflect be open to offering confession to God and asking for forgiveness.
- 3. Be confident that God does want to be in relationship with you.
- 4. Keep your focus on God and avoid distractions.
- 5. Know that following Christ is a way of life not an exact science.
- 6. Find a small group to be accountable to, that will encourage you in your faith walk.

This Fall, we will be offering several opportunities for strengthen your faith through Sunday School and small group offerings. Prayerfully consider getting involved in one of these and perhaps consider leading one as well!

Blessings as we travel the journey Together!

Rev. Jim Hauson



- 2 Kelly Dougherty
- 3 Kathy Bathon
- 4 Kurt Sachtleben
- 5 Lacey Cantu
- 8 Wendy Porter
- 12 Donna Bingham Cami Talbert
- 16 Wanda Keil
- 17 Cindy Smith
- 18 Brandon Spears Sherri Gregson
- 21 Kayla Molohan
- 22 Danielle Harrison
- 24 Karly Barker Stephanie Williams
- 26 Abbie Jarvis
- 28 Brady Waggoner



Is your child, grandchild or family member entering 7th grade? It is time to get them signed up for Confirmation classes. Please contact Pastor Tim to make sure we have you set up to join us.



<u>Sunday at Gazebo 10:00am</u> <u>July* 3rd, 10th, 17th, 24th, & 31st (August 7th & 14th)</u>

On the Calendar

Quilting Circle – 9:00am Every Monday, Wednesday & Friday. (Reach out to Gladys Huston for questions)

<u>TOPS</u> – Taking Off Pounds Sensibly 9:00 am Every Monday

July 1 – July 31 - Sanctuary Stage Construction

July 4 – Independence Day – OFFICE CLOSED

July 13 – Family Craft Night 6:00 pm

July 17 – Holy Land Trip Meeting 3:00 pm Sheltered Reality practice 5:00 pm

July 21 – LGBTQA Social 6:00pm

July 24 – Council Meeting 11:30 am

July 25 – Circuit Rider articles due Girl Scouts Meeting 6:30 pm

August 7 – Blessing of the Backpacks Sunday

August 14 – Blessing of the Pets Sunday

August 15 – Lifeline Screening

August 17 – Cardinal Game 6:45 pm









July 10TH August 7th

We will have sealed juice & wafers available for pick up for online worship or you may use any items you have on hand.

Try our online giving system

VANCO

Please call the office if you have any questions!





Join us on Facebook for live videos & recordings of Sunday Services

https://www.facebook.com/Friedens-United-Church-of-Christ-354214570387/ https://www.youtube.com/channel/UCPSd5dwIb9TRs6c6NUc9fQq

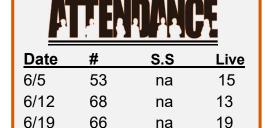
From our Council President

We live in a time where there is no shortage of controversial issues in the headlines. Unless you live under a rock or in a cave on the outskirts of Troy, you have been exposed to many of these issues in our daily lives. Republicans' vs Democrats. Gay vs Straight. Cis vs Trans. Anti-abortion vs a woman's right to chose. And there are so many more. Where do you stand?

For some people, expressing their opinion on these issues can be risky business. If I like the current President, I must be against the things the past administration supported. If I support gay rights, I run the risk of alienating my friends who don't openly support that lifestyle. And, of course, the recent Supreme Court ruling overturning abortion rights has opened up a whole woman's rights issue we all thought was laid to rest many years ago.

Where do you stand? Wherever it is, left or right, conservative or liberal, or somewhere in between, I believe that our church should be a safe place to talk about how you feel without fear of reprisal. It's one thing to believe a certain way, but it's quite another thing to try and force your belief on others – to try and "change them" to come over to your side. I don't think that's what our church should be about. We advertise that we are open and accepting to different ideas, and we should demonstrate that in the way we behave towards each other. Please consider the opinions of others when voicing your own, and try and be gentle in your approach towards others and their opinions. The mass media spends enough time trying to get us all to change our opinions to align with the masses – our church shouldn't be one of the areas in our lives where we have to worry about that. To me, church should be about you and your relationship with God.

Joe Smith Council President



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Needs: * Saltine Crackers * Oyster Crackers * Canned Fruit * Paper Towels * Deodorant *monetary donations

Evening Pick-Up: Those seeking and needing assistance may pick up food and supplies Thursday evenings from 5 pm - 7 pm weekly.



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6/26

WORSHIP IN THE PARK SERMON SERIES

<u>Date</u>	Sermon Theme	Scripture	Sermon Title
July 3 rd	"The Gift of Courage"	Joshua 1: 1-6	THE TORCH OF COURAGE
July 10 th	"The Gift of Wonder"	Psalm 8: 1-9	THE TRUE WOW FACTOR
July 17 th	"The Gift of Vulnerability"	Luke 5: 12-16	OPEN CONNECTIONS
July 24 th	"The Gift of Incarnation"	John 1: 14; Phil. 2: 5-	7 THIS IS PERSONAL
July 31 st	"The Gift of Encouragement"	Colossians 3: 1-4	YOU RAISE ME UP
	s) "The Gift of Being Found"	Luke 15	LOST AND FOUND
Aug. 14 ^{th (Pet Blessings)}	"The Gift of Companionship"	Luke 24: 13-35	THE POWER OF SHARING

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We are looking for your feedback on our Sunday School times. Some questions we have are:

- Would you be in favor of Worship beginning on Sundays at 10 am in the Sanctuary with everyone and then children Sunday School at 10:20 am or following Children's moment?
- ❖ Would you be willing to help with SS either occasionally or regularly?

Please be on the lookout for a survey. An email went to all families on July 8th, 2022. If you do not receive one, please reach out to the office.



Do you have any new or like new handkerchiefs?

If you don't have a use for them, the cemetery committee would like to have them. Accepting men and women handkerchiefs.

Please place in the basket outside the church office.

Thank you!











Dear Friends of Thea Bowman,

We are writing to thank you for your gift of \$275.00. You make it possible for us to change the lives of those we serve. Your generosity directly benefits our students to provide scholarships, support our academic programs, and offer various activities for our families. What we do is impossible without you! Graduation for our class of 2022 was a joyous celebration. Our students will be attending Althoff Catholic High School, Christian Brothers College High School (two young men – a "first" for our Catholic school families), and St. Louis University High School. Students received scholarships and academic excellence awards. We are proud of all of their accomplishments – remarkable results! Check your email for our 2nd semester newsletter – Connections – coming soon. There will be an entire section devoted to our graduates, their awards, reflections, and "I Am From" poem. To receive a copy, go to our website at www.stbcs.com and subscribe to our "Join Our Email List." On behalf our our dedicated staff, please accept our sincere appreciation in allowing us to provide a high-quality Catholic education for students and families in our community. Enjoy your summer! Abundant blessings. Roberta Trost, - Advancement

Dear Friedens UCC,

Thank you for generous gift of \$1450 for the Illinois South Conference for our DuBois 6.0 campaign as part of your May mission offering. DuBois is a special place, where thousands of campers have experienced God and creation of the past six decades. Some found their calling to ministry there. Others found summer after summer of fun and friendship. Think of the retreats, the worship, the secrets shared, and the children's laughter. So much life has occurred under the rustling leaves at DuBois Center. As we look toward preparing for the next 60 years, your gift will help us improve our facilities, increase capacity, and ready ourselves for the future. Since its inception, the mission of DuBois Center has been to help the people of God grown together in faith, in respect for ourselves, others, and in care for creation. We are deeply committed to continuing to create a sacred space where all are welcome. Friedens UCC, we appreciate your faith and investment in DuBois Center, Thank you again for your tremendous support. If you would like to know more about the exciting programs and services of DuBois Center, please be sure to check us out at https://duboiscenter.org

In deep gratitude,

Rev. Shana Johnson, Conference Minister Hayley Elliot, Acting Director of Outdoor Ministries



Hitz, Hoyleton, and Emmaus

August—Hitz, Hoyleton, and Emmaus
September—Rescue for Kids
October—TBD—Women's Shelter
November—Ministries Unlimited
December—Retired Ministers



SIGN UP FOR FLOCKNOTES

Text: FriedensUCC

To: **84576**

CAN YOU HELP

Hiring Positions:

- Nursery Attendant
- Director of Faith Formation

Volunteer Opportunities:

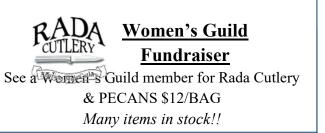
- Open Council Positions
- Church Newsletter
- Office Helpers
- All teams looking for helpers





Book your appointment today!
We will be at Friedens on Monday, August 15, 2022

To register call toll free 1-888-653-6441, text the word "circle" to 797979 or online at https://llsa.social/HS





Meeting Friedens Women's Guild June 28, 2022

Prayer Requests:

Gladys – fell – arm, Pastor Tim – In hospital and released, Deb Brendel, Donna Bingham

Birthdays:

Marilyn Wesselman June 30th, Diana Bauer June 29th

Devotions: Program on Depression

Business:

- 1. Dori Mutchek added on checking acct signature Womens UCC
- 2. Kitchen ordered 2 carts and need 1 more (per Donna Bingham)
- 3. \$248.06 for Quilters (Jo Ann Longhi donation) to be given directly to quilters via being kept in safe in office
- 4. Clock in kitchen (Donna B handling)
- 5. Change monthly meetings to 4th Tuesday of each month to 1:00 pm
- 6. Need kitchen restocked Ziplock bags, Dessert plates, To-go containers, small step ladder to reach high places (needs sides on ladder for stability)
- 7. Kitchen refrigerator needs a deep cleaning along with kitchen
- 8. 21st year for Friedens Women's raffle. Raffle tickets are being printed, 25 items to be raffled off. (See Diana Bauer 618-401-7013) Will update when available.
- 9. Pecans are \$12.00 see a Guild member

New Dates and Times for Meetings:

July 26 th	1:00pm
Aug 23	1:00pm
Sept 27	1:00pm
Oct 25	1:00pm
Nov 22	1:00pm

Dec TBD Christmas Family Dinner Auction (?)

Remember our Shut-Ins

Liberty Square

Adeline Burgess 204 Liberty Square, Apt. #22 Troy, IL 62294 (618) 667-8964

Hitz Home (618) 488-2355

Mary Ann Ambuehl 201 Bell St. Alhambra, IL 62001

Eden Village (618) 288-5014

Geraldine Rock 400 South Station Road Glen Carbon, IL 62034 Jim Bailey 400 South Station Road Glen Carbon, IL 62034

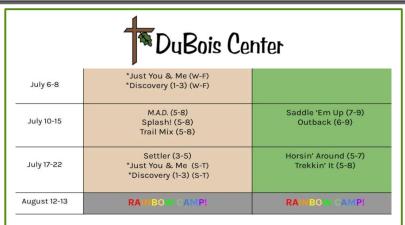
Morningside of Troy

Jacquelyn Estes 39 Dorothy Drive #309 Troy, IL 62294 618-505-0262

Francis Layfield 39 Dorothy Drive #317 Troy, IL 62294

Cedarhurst of Highland

Charlie and Maryann Gaultney 220 Field Crossing Dr Highland IL 62249 (618) 406-6988



618.787.2202 2651 Quarry Road DuBois, Il 62831

Office Hours M-F 9a-2p dcinfo@DuBoisCenter.org









923 Main St Highland, II. 654-2008 ~Laurie Manwaring~

Tuesday: 9AM-5:30PM

Wednesday: 10AM - 5:00 PM

Thursday & Friday: 10:00 AM - 5:30 PM

Saturday: 9:00 AM - 2:00 PM Sunday & Monday:

CLOSED

Curbside pickup available. FREE delivery in Highland.



Lyle and Brenda W. have Metro East Yard Dice for yard games like Yardzee/Farkle and Yowzer Yard Tower (big Jenga). We have a basic webpage at

www.metroeastyarddice.com and also on FBhttps://www.facebook.com/MetroEast YardDice/.

We are also part of Maryville Farmer's Market.

https://www.facebook.com/MaryvilleILFarmersMarket/.

~ Lyle and Brenda W



207 East Center Street Troy, Illinois 62294

RETURN SERVICE REQUESTED





Rev. Tim Harrison **Pastor** Monica Hunsdorf Administrative Assistant **Peter Coppens Cemetery Sexton TBA** Faith Formation Director Worship Coordinator **Evan Bosaw Eric Bosaw** Sound/Video Operator Jim Galaske **Sound Operator** Joe Smith Video Operator **Kat Spears Streaming Operator** Fred Keil **Screen Operator** Claudia Galaske Screen Operator

Standing Committees

Diana Bauer Women's Guild President
Claudia Galaske Technology
Donna Bingham Food
Sean Smith Staff Parish
TBA History & Archives

E-mail: friedens@friedensucc-troy.org

CHURCH COUNCIL

Joe Smith President
TBA Vice-President
Eric Bosaw Past- President
Kat Spears Secretary
Fred Keil Treasurer

Teams Chairs

Carolyn Catalano Worship Marla Brown Mission & Community Deb Brendel Mission & Community Georgia Wilkins **Faith Formation** Jennie Ruger **Faith Formation** Jim Galaske **Building & Grounds Sherry Smith** Membership Care & Fellowship **Eric Bosaw** Church Growth & Evangelism Jeff Estes Stewardship & Finance



Council mail: Council@friedensucc-troy.org